

INSPECTION REPORT

PERFECTBODY CLASSIC



OCTOBER 15TH, 2022 - BUDAPEST, HUNGARY



WELCOME MESSAGE

HBPF (Hungarian Bodybuilding and Physique Sports Federation) is proud to host this international bodybuilding and fitness championship in the city of Budapest, Hungary. The organizing committee of the championship wishes to extend a warm welcome to all member countries of the WBPF (World Bodybuilding and Physique Sports Federation).

Dear Delegates, Athletes and Bodybuilding and Physique Sports Enthusiasts,

We wish to extend our great pleasure and warm welcome to our guests of the 1st Perfectbody Classic in the city of Budapest. This outstanding international event is being organized for the first time.

We assure you that during your visit, we will do our utmost best to make your stay comfortable, memorable and entertaining and make these championships a great success.

We welcome all WBPF/EBPF officials, all participants, delegates, guests and supporters and wish everybody an enjoyable stay in our country.

Sincerely yours,

The Organizing Team of Perfectbody Classic



Tamas VLADAR
HBPF President



Andrea GERGELY
HBPF Secretary General



Csilla GAL
HBPF Women's Discipline
Leader



Balazs FEKETE
HBPF Vice-President



Endre KRISTO
HBPF Vice-President



AIRPORT

Budapest Ferenc Liszt International Airport (IATA: **BUD**), formerly known as Budapest Ferihegy International Airport and still commonly called just Ferihegy, is the international airport serving the Hungarian capital city of Budapest, and by far the largest of the country's four commercial airports. The airport is located 16 kilometres (9.9 mi) southeast of the center of Budapest (bordering Pest county) and was renamed in 2011 in honour of the most famous Hungarian composer Franz Liszt (Liszt Ferenc, in Hungarian) on the occasion of the 200th anniversary of his birth. The official taxi company of Budapest Ferenc Liszt International Airport is "Főtaxi".



HOST CITY



Budapest is the capital of Hungary and the largest in East-Central Europe. Cited as one of the most beautiful cities in Europe, its extensive World Heritage Site includes the banks of the Danube, the Buda Castle Quarter, Heroes' Square and the Millennium Underground Railway, the second oldest in the world. Other highlights include a total of 80 geothermal springs, the world's largest thermal water cave system, and third largest Parliament building.

Most popular attractions: **House of Parliament:** The governing powers of Hungary are housed in the third largest parliament building in the world. A competition was held to find a suitable design for the building and it was won by Imre Steindl who completed the building in 1904. His design was inspired by the English House of Parliament. The building incorporates Gothic Revival elements and has turrets and towers but also has Renaissance and Baroque elements like the massive central dome. The Hungarian parliament has a Lower and Upper House; the Lower House is in the northern wing and the Upper House in the southern wing. They are joined by



the Dome Hall. The northern wing also houses the Prime Minister's offices and the southern wing houses the offices of the President of the Hungarian Republic.

St Stephens Basilica: One of Budapest's greatest landmarks is this beautiful church which stands on the Pest side of the city. The church construction was completed in 1906 having taken 50 years to build. The church is named after King Stephan (975-1038), the first king of Hungary. The church holds many exquisite frescoes, mosaics, statues and beautiful altar pieces. It is possible to take a tour of the church, visit the church for free and visit the Treasury and tower for a fee. From the top of the tower, there are spectacular views across the city. In the Szent Jobb Kopolna Chapel on the left of the church is the mummified hand of St. Stephen called the Holy Right.

Buda Castle District: The UNESCO World Heritage Committee has listed the view of the Danube embankments and the Buda Castle District - which is one of the most beautiful and romantic parts of the city of Budapest - as a World Heritage site on the 11th of December, 1987. The former Royal Palace and its supply buildings are an organic but separate part of the Castle District. Some of today's most important cultural institutions, such as the Budapest History Museum (Wing E, southern end of the building), as well as the Hungarian National Gallery (Wings A-B-C-D) and the Hungarian National Library, named after the founder Ferenc Széchenyi (Wing F) have moved to the Royal Palace. The formal residence of the Prime Minister, the Alexander Palace, is the President's Residence and home today.



The most visited site is Trinity Square, dominated by one of Budapest's most characteristic building, the **Mathias Church**, which is over 700 years old. The church itself is almost of the same age as the Royal Palace, and gave home to many coronation ceremonies. Many kings and emperors left their mark on the church, even before the Turkish occupation, when the church was converted into a mosque and its walls whitewashed. Inside lie in their sarcophaguses King Béla the 3rd and his Queen; many visitors also visit the church for its vast ecclesiastical collection. Today's version of the church was finalized at the turn of the 19th century, when several smaller buildings were annexed to it and it was renovated in the Neo-Gothic style. It gives home to a great many concerts, due to its excellent acoustic properties. The Gothic tower of the Mathias Church, with the Fishermen's Bastion in the background, is one of the most frequently photographed tourist sites in Hungary.



The **Heroes' square** is one of the most visited sights of the Hungarian capital is situated in front of the **City Park**, at the end of the Andrassy Avenue, one of the most important streets of Budapest, a World Heritage site. The millennial monument was built in 1896 to commemorate the 1000th anniversary of the arrival of Hungarians in the Carpathian Basin. The niches are decorated by the statues of kings, governors and famous characters of the Hungarian history. In the middle of Heroes' square stands a 36 metres high corinthian column with the statue of Archangel Gabriel on the top, the symbol of the Roman Catholic religion. At the pedestal the equestrian statues commemorate



Árpád and the seven chieftains of the Hungarian tribes, who settled their people in the present territory of Hungary. His descendants formed the Hungarian royal dynasty. At the two sides the representative buildings of the **Museum of Fine Arts** and the **Art Gallery** both worth a visit.

VENUE SITE (ANGYALFOLDI SPORTS CENTER)

ANGYALFÖLDI SPORTKÖZPONT (Address: 1139 Budapest, Rozsnyay street 4)



OFFICIAL HOTEL

CORNER HOTEL ANGYALFÖLD**** (Address: 1139 Budapest, Lomb street 45)

Double room: 27.000 HUF (~ 70 EUR) / room (for max. 2 persons) / night with breakfast and taxes

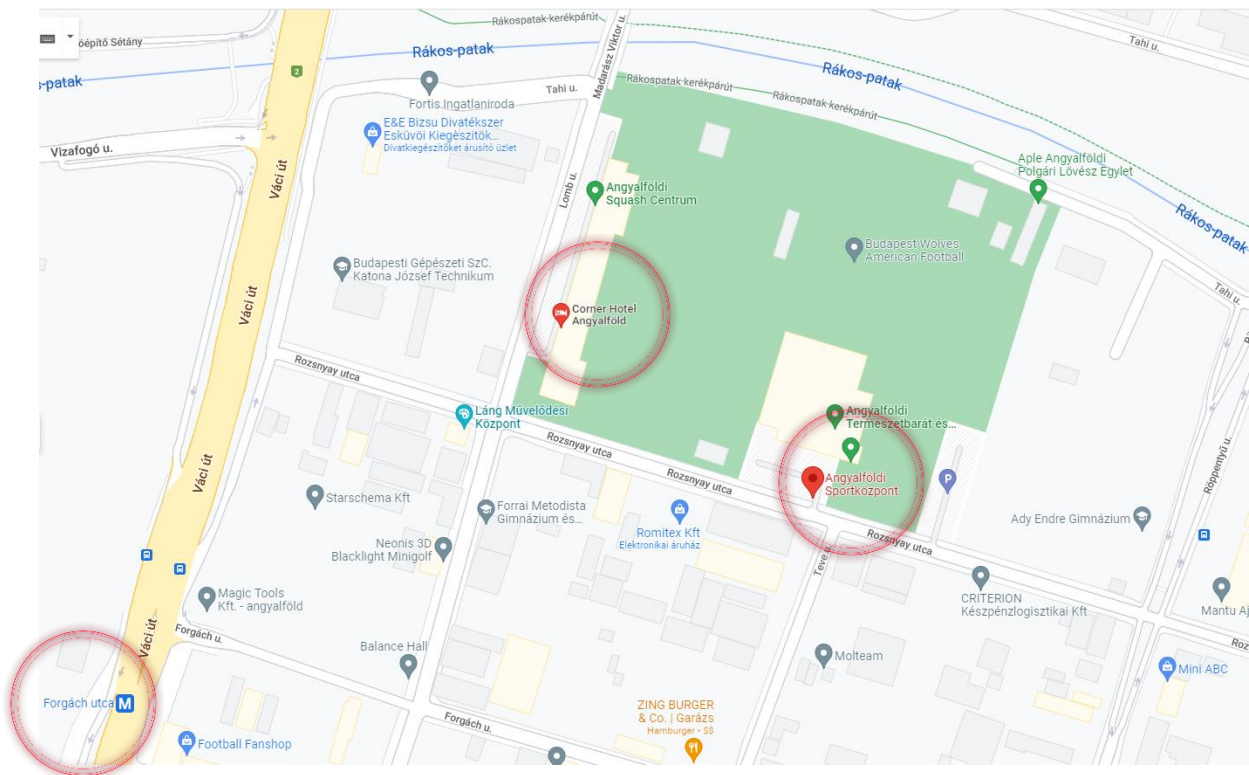
Set in Budapest, 2.8 km from Margaret Island Japanese Garden, Corner Hotel Angyalföld offers accommodation with a restaurant, private parking, a shared lounge and a garden. Among the facilities at this property are a 24-hour front desk and luggage storage space, along with free WiFi throughout the property. The hotel has family rooms. All guest rooms at the hotel come with air conditioning, a seating area, a flat-screen TV with satellite channels, a safety deposit box and a private bathroom with a shower, a hairdryer and free toiletries. Corner Hotel Angyalföld features some units with garden views, and each room is equipped with a patio. At the accommodation the rooms are equipped with bed linen and towels. Continental and buffet breakfast options are available every morning at Corner Hotel Angyalföld. The hotel offers a terrace. Heroes' Square is 4 km from Corner Hotel Angyalföld, while House of Terror is 5 km from the property. The nearest airport is Budapest Ferenc Liszt International Airport, 24 km from the accommodation. WiFi available in all areas.





IMPORTANT NOTICE!

- 👤 The hotel accommodation must be arranged **INDIVIDUALLY!**
- 👤 Only limited number of rooms can be available! If the recommended hotels are fully booked please let the organizers know in order to provide another optional hotel!
- 👤 Shuttle service is **NOT PROVIDED** by official hotel to the competition venue and back!



RECOMMENDED NEARBY ACCOMODATIONS & HOTELS

ÍRISZ APARTMAN BUDAPEST (Address: 1139 Budapest, Fiastyúk street 41/a 2nd floor 5)

<http://www.booking.com/Share-fgYp32>

VIP MINI RESORT (Address: 1135 Budapest, Béke street 13-19, 3rd floor)

<http://www.booking.com/Share-XYEyQ3>

PANNA MARINA APERTMENT (Address: 1138 Budapest, Turócz street 11)

<http://www.booking.com/Share-300qMH>

PLEASANT & COMFY APARTEMNT (Address: 1139 Budapest, Papp Károly street 22d)

<http://www.booking.com/Share-rkJobZ>

IMPORTANT NOTICE!

Any accommodation on metro line 3 (blue) will be perfect. Its Forgách utca stop is a few minutes' walk from the Event Hall and Weight-In and Registration location.

REGISTRATION FEE

Each athlete must pay the registration fee of Perfectbody Classic to the organizing committee.

Registration fee: 70 EUR

If you want to bring a helper or family member with you to the backstage, you must buy a ticket, which entitles them to do so.

Backstage ticket: 20 EUR (free for 1 team manager or coach per country)

This fee will be collected at the time of official weigh-in & registration by the Organizing Committee. Only cash payments in EUR will be accepted for registration fees.

DISCIPLINES and CATEGORIES (tentative): Total twenty (20) categories

FITNESS PHYSIQUE	WOMEN	Senior	one open
MODEL PHYSIQUE	WOMEN	Junior (up to 23 yrs)	one open
		Senior	up to and 160 cm
			up to and 165 cm
			up to and 170 cm
over 170 cm			



SPORT PHYSIQUE	MEN	Senior	up to and 178 cm
			over 178 cm
	WOMEN	Senior	up to and 165 cm
			over 165 cm
ATHLETIC PHYSIQUE	MEN	Senior	up to and 178 cm
			over 178 cm
	WOMEN	Senior	up to and 165 cm
			over 165 cm
WELLNESS PHYSIQUE	WOMEN	Senior	one open
MUSCULAR PHYSIQUE	WOMEN	Senior	one open
BODYBUILDING	MEN	Senior	up to and 80 kg
			up to and 90 kg
			up to and 100 kg
			over 100 kg

IMPORTANT NOTICE!



The final height splittings will be calculated taking into account the height / weight of the competitors, competing in the championships, in order to have a balanced number of categories on the stage!

WEIGHT-IN AND REGISTRATION

Weigh-In and registration will take place at the Conference room of the Corner Hotel Angyalföld, on October 14th, 2022 between 16:00-18:00 hrs.

It is the responsibility of the athletes to be on time for the Weigh-In and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified.

IMPORTANT NOTICE!

-  Each athlete must bring his/her ID / passport and posing music (Women's Fitness, Men's Athletic Physique and Men's Bodybuilding athletes!) to the weigh-in and registration, failing this the athlete must pose to the music played by the organizers.
-  No G-String bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the competition at the Weigh-In area.



BACKSTAGE ACCESS / DRESSING ROOM ACCESS

Access to the backstage and/or dressing room is areas shall be strictly limited only those who have registered and purchased the backstage access tickets.

TANNING & EXTRA SERVICES

We are happy to be there to help you to have the perfect colour! The athletes can meet with the representative of Pro Tan Europe at the registration to ask for more information about tanning procedure. You will be able to buy products as well with special sale prices!

BOOK YOUR APPOINTMENT: <https://www.protan-europe.com/book-your-tan/395?l=>

Some useful advices:

- DON'T USE deodorant / anti-perspiration sprays and lotion products in the morning of the tanning. The skin will not take in the colour properly.
- WATCH OUT for the method of your depilation. Do not bruise your upper skin.
- DO USE skin peeling product (Get Buffed) starting with the last 2-3 days to get rid of the „dead skin“. So you can avoid dotty and dirty-looking skin after tanning.

SPECIAL SERVICES & PRICES:

 Tanning:	80 EUR
 Tattoo Cover up:	35 EUR (It depends on the size of the tattoo.)
 Make up:	60 EUR
 Hair Dresser:	40 EUR
 Make up + hairdresser package:	100 EUR

THE USE OF DREAM TAN TANNING IS STRICTLY PROHIBITED!

APPLICATION DEADLINE

Application deadline for the championship: October 7th, 2022.

Please note: We are unable to accept applications beyond the indicated deadline.

TENTATIVE DAILY PROGRAM

October 14th, 2022 (Friday)

16:00-18:00 Weigh-In of all bodyweight categories and height measurements and checking of age groups. (Corner Hotel Angyalföld / Conference room)

October 15th, 2022 (Saturday)

14:00-14:15 Greeting and Opening Ceremony

14:15- Competition: **(Total 19 categories)**



	Muscular Physique	Women	Senior	one open
	Bodybuilding	Men	Senior	up to and 80 kg
	Bodybuilding	Men	Senior	up to and 90 kg
	Bodybuilding	Men	Senior	up to and 100 kg
	Bodybuilding	Men	Senior	over 100 kg
	Athletic Physique	Women	Senior	up to and 165 cm
	Athletic Physique	Women	Senior	over 165 cm
	Athletic Physique	Men	Senior	up to and 178 cm
	Athletic Physique	Men	Senior	over 178 cm
	Wellness Physique	Women	Senior	one open
	Sport Physique	Women	Senior	up to and 165 cm
	Sport Physique	Women	Senior	over 165 cm
	Sport Physique	Men	Senior	up to and 178 cm
	Sport Physique	Men	Senior	over 178 cm
	Model Physique	Women	Junior	one open
	Model Physique	Women	Senior	up to 160 cm
	Model Physique	Women	Senior	up to 165 cm
	Model Physique	Women	Senior	up to 170 cm
	Model Physique	Women	Senior	over 170 cm

Award ceremony & Prize Distribution

(1st: after the Men's Athletic Physique categories

2nd: after the Women's Model Physique categories)



Women's Athletic Physique Overall



Men's Athletic Physique Overall



Women's Sport Physique Overall



Men's Sport Physique Overall



Women's Model Physique Overall



Men's Bodybuilding Overall

Award ceremony & Prize Distribution

Special Award for Best Team and Biggest Team

OVERALL CHAMPION PRIZE MONEY

WOMEN'S:

Model Physique: 1st place: 1.500 EUR 2nd place: 1.000 EUR 3rd place: 500 EUR

Sport Physique: 1st place: 750 EUR 2nd place: 500 EUR

Fitness Physique: 1st place: 500 EUR (category winner)

Wellness Physique: 1st place: 550 EUR (category winner)

Athletic Physique: 1st place: 750 EUR 2nd place: 500 EUR

Muscular Physique: 1st place: 500 EUR (category winner)

MEN'S:

Sport Physique: 1st place: 750 EUR 2nd place: 500 EUR

Athletic Physique: 1st place: 750 EUR 2nd place: 500 EUR

Férfi Bodybuilding: 1st place: 2.000 EUR 2nd place: 1.000 EUR 3rd place: 750 EUR



MEN'S SPORT PHYSIQUE & MEN'S ATHLETIC PHYSIQUE WEIGHT AND HEIGHT RATIO

Dear Men's Sport Physique and Men's Athletic Physique athletes, please note that the height and weight ratio calculation is different (more favorable) by HBPF federation. You must comply with this during the Weight-In!

Weight and Height ratio MEN'S SPORT PHYSIQUE			Weight and Height ratio MEN'S ATHLETIC PHYSIQUE		
CM	KG		CM	KG	
210 cm	116 kg		210 cm	122 kg	
209 cm	115 kg		209 cm	121 kg	
208 cm	114 kg		208 cm	120 kg	
207 cm	113 kg		207 cm	119 kg	
206 cm	112 kg		206 cm	118 kg	
205 cm	111 kg		205 cm	117 kg	
204 cm	110 kg		204 cm	116 kg	
203 cm	109 kg		203 cm	115 kg	
202 cm	108 kg		202 cm	114 kg	
201 cm	107 kg		201 cm	113 kg	
200 cm	106 kg		200 cm	112 kg	
199 cm	105 kg		199 cm	111 kg	
198 cm	104 kg		198 cm	110 kg	
197 cm	103 kg		197 cm	109 kg	
196 cm	102 kg		196 cm	108 kg	
195 cm	101 kg		195 cm	107 kg	
194 cm	100 kg		194 cm	106 kg	
193 cm	99 kg		193 cm	105 kg	
192 cm	98 kg		192 cm	104 kg	
191 cm	97 kg		191 cm	103 kg	
190 cm	96 kg		190 cm	102 kg	
189 cm	95 kg		189 cm	101 kg	
188 cm	94 kg		188 cm	100 kg	
187 cm	93 kg		187 cm	99 kg	
186 cm	92 kg		186 cm	98 kg	
185 cm	91 kg		185 cm	97 kg	
184 cm	90 kg		184 cm	96 kg	
183 cm	89 kg		183 cm	95 kg	
182 cm	88 kg		182 cm	92 kg	
181 cm	87 kg		181 cm	91 kg	
180 cm	85 kg		180 cm	90 kg	
179 cm	84 kg		179 cm	89 kg	
178 cm	83 kg		178 cm	88 kg	
177 cm	82 kg		177 cm	87 kg	
176 cm	81 kg		176 cm	86 kg	
175 cm	78 kg		175 cm	83 kg	
174 cm	77 kg		174 cm	82 kg	
173 cm	76 kg		173 cm	81 kg	
172 cm	75 kg		172 cm	80 kg	
171 cm	74 kg		171 cm	79 kg	
170 cm	70 kg		170 cm	78 kg	
169 cm	69 kg		169 cm	77 kg	
168 cm	68 kg		168 cm	76 kg	
167 cm	67 kg		167 cm	73 kg	
166 cm	66 kg		166 cm	72 kg	
165 cm	65 kg		165 cm	71 kg	
164 cm	64 kg		164 cm	70 kg	
163 cm	63 kg		163 cm	69 kg	
162 cm	62 kg		162 cm	68 kg	
161 cm	61 kg		161 cm	67 kg	
160 cm	60 kg		160 cm	66 kg	
		-100/+6kg			-100/+12kg
		-100/+5kg			-100/+10kg
		-100/+3kg			-100/+8kg
		-100/0kg			-100/+6kg



ATHLETES WITHOUT DELEGATES

All athletes competing at Perfectbody Classic must be members in good standing of their National Federations. Any athlete who arrives without a WBPF delegate must carry an Official Letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.

POSING MUSIC

Posing music must be on flash drive and produced with good quality. The music should be cued from the start of the flash drive.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED!

VISA

Hungary is a Member of EU. Please consult to the Hungarian Embassy in your country to determine if you need a visa. Upon a request an official invitation letter shall be issued and signed by the HBPF. Please note, that the visa administration process can take 3-4 weeks. If you need help for visa administration, please send the scanned copy of your passport to HBPF and please ensure that it is more than 3-6 months valid.

Last minute request will not be entertained by the organising committee!

CAMERA / VIDEO TAPE EQUIPMENT

Camera and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

ADDRESS / CONTACT OF THE ORGANIZING COMMITTEE

HBPF
1044 Budapest
Ungvári street 15.
HUNGARY
E-mail: info@hbpf.hu

ATTACHMENTS

Official Invitation Letter
Entry Form
Perfectbody Classic poster

